WHAT IS CLAIMED IS:

1. An interlabial device having a body contacting surface, a garment facing surface opposing the body contacting surface, an interior region, and a periphery region which surrounds the interior region, the body contacting surface being liquid permeable, the absorbent interlabial device comprising a concave portion adapted for insertion by a user's fingers.

2. The absorbent interlabial device of Claim 1, further comprising an absorbent core having a body facing surface and a garment facing surface opposing the body facing surface, and a liquid permeable topsheet disposed on the body facing surface of the absorbent core, wherein the topsheet forms the body contacting surface.

3. The interlabial device of Claim 2, further comprising a liquid impermeable backsheet disposed on the garment facing surface of the absorbent core, wherein the backsheet forms the garment contacting surface.

4. The interlabial device of Claim 3, wherein the topsheet, the absorbent core, and the backsheet are layered to form a laminate structure.

5. The interlabial device of Claim 1, wherein the concave portion is on the garment facing surface to permit the user to indirectly touch the area of her body where the device is to be inserted without soiling her fingers.

6. The interlabial device of Claim 1, wherein the interlabial device has a longitudinal length of from about 60 mm to about 150 mm and a transverse width of from about 20 mm to about 80 mm.